



## Guide to workshops and action sessions

### Day 1

**Mixit, Escaping the Invisible Asylum (10.50am Friends Meeting House)** World premier of a new musical theatre piece developed and performed by MiXiT inspired by Alex Fox's recent book and the core themes of #socialcarefuture. Mixit will transport the audience to the Social Care Now! gathering in 2040. The piece charts how things were, how they are now and how things may look in 2040 – where there has been a real shift of power and Serviceland has finally been demolished!

**Building a social movement (11.20am Friends Meeting House)** Learning from other movements for social change from around the world about how we can act together to make faster change towards the #socialcarefuture that we want and organising ourselves for action. Applying these lessons to action planning for change. Jackie del Castillo and Change will help us think about our tactics

**More than a provider (11.45am Peoples' History Museum)** Sharing the best ideas and planning for action about how organisations providing support can be real assets in the communities they serve. Including using their capacity and expertise to support local community groups, assisting small community businesses and more. Including proposals for a major provider led initiative developed with a number of VODG (Voluntary Organisations Disability Group) colleagues

**More about movements (12noon Friends Meeting House)** This action session builds on the introduction and helps people explore how they can play a role in supporting and building a movement

**Getting it Right from the Start - children and the social care future (12noon Friends Meeting House)** Many children and young people currently being supported by local social care services will go on to need support as they grow in to adulthood. Often families have adults being supported by adult social care and children being supported by local services. Any discussion about the future of social care support has to be inclusive across the ages, from those very young children with complicated lives and support needs to those much older nearing the end of their life and all those in between. This break out session with Nic Crosby will provide all those attending with an open floor to discuss how this may change what is currently a debate dominated by the adult social care world and challenges. This session hopes to provoke those attending to think about they can be part of this move to a 'whole life / all age debate about social care' and produce a simple set of statements summarising the discussion and a way forward.

**Co-producing a regional learning disabilities strategy (12noon Friends Meeting House)** The North West Training and Development Team and Confirm and Challenge self-advocacy networks have been pioneering the co-production of regional strategy – including the recent development of a learning disability strategy for Greater Manchester. In this session they share their experience and learning

**The Future of Social Care Research (2pm Friends Meeting House)** What kinds of research can support a positive future? We are getting together with colleagues from Disability Rights UK working with DRILL (Disability Research on Independent Living) and from the School for Social Care Research which is planning its next five years of work. What should be researched to help build a better future for social care? Who should play what roles? We want to guide the research agenda

**My support, my own way. A future with flexible and integrated care and support (2pm Friends Meeting House)** Anna Severwright and Clenton Farquharson Chairs of The Coalition for Collaborative Care (C4CC) and Think Local Act Personal (TLAP) will lead an interactive session that will explore what people should be experiencing in a future where health and social care is truly personalised and integrated at the level of the individual. The session will include the new *Making it Real*, work of the demonstrator & Secretary of State sites and some good emerging practice, the opportunities presented by the new NHS England *Vision and comprehensive model for universal personalised care* and how this links with social care. Outcomes from the discussion will be used to help shape the 'People's Pathway' that C4CC is leading on

**Talk Shop (2pm Friends Meeting House)** At the Commons Health and Social Care Select Committee, there was a call for a national conversation on the funding of social care when the Committee's report on this was launched in the summer. A member of the Citizens Assembly commissioned by the Committee spoke of the need for "explaining the situation to the general public in a way that is understood will be a tough sell, but vital". [Talk Shop](#) wishes to contribute to these aims. This session, led by Perry Walker, will be the dry run of their discussion kit for citizens on the funding of social care. Come along, try it out, say what you think, and make it better.

**Social work in the social care future (2pm Friends Meeting House)** Exploring the role of social work in our desired future. What should social work do? How do relationships between social work, citizens and communities need to develop? How can we make this future? The Principal Social Workers Network want to share ideas and plan with citizens and we will hear of examples of how social workers in some places are being liberated...to be social workers. This session focuses on what is unique about the role of social work in addressing prejudice, discrimination and challenging low expectations and a lack of ambition for people's futures. Presenting our experiences with our Big Bed Time audit of supported living, our work on Promote the Vote and our continuing work piloting the role of Named Social Worker for learning disabled people, we will discuss the contribution of cooperative models of social work which promote strengths and recognise human rights towards tackling the unnecessary, avoidable, unfair and unjust adversities experienced by older and disabled people Three areas of focus will be: the culture of social work practice, strategies to enable supported decision making, exploring the notion of risk, separating out professional concerns about "unwise decisions" from actual risk.

**Glimpses of the Future in the Toughest of Times – Building the Asset Based Area – Workshop and market-place (Lunch marketplace 1.15 then 2-5.45pm People's History Museum)** -Think Local Act Personal partners have been working to develop [a framework](#) to support more places to become "Asset Based Areas" and gather approaches that help support this shift. TLAP is now working with NESTA, SCIE and Shared Lives Plus to explore how to better network and support people and places looking to make this shift. This session will bring in learning from places around the country able to share exciting "glimpses of the future" where significant shifts are being made to share power with people and communities, use all local resources and build better approaches to support that are human sized and shaped. These places are being supported by people, groups and organisations helping put radical new approaches into practice. Many of them will be here to add their practical expertise and evidence. It will bring together a "coalition of the willing" to: share approaches and learning; build momentum and identify the work that still needs to be done to shift innovations from the margins to the mainstream; inspire others to become pioneers in co-creating the future of social care; plan action to better network and support people and places. The session will include a market place of innovators including: Local Area Coordination, NDTI's Community Led Support, Grapevine, In Control, Community Catalysts, Community Circles, Wellbeing Teams, HMR Circle, Shared Lives Plus, Homeshare, Keyring

**Ears Against Loneliness (3.30pm Friends Meeting House)**– In preparation for Social Care Future, a group who were involved with Social Movements for Health in Stockport, Oldham and Tameside have been thinking how the momentum around tackling loneliness and social isolation could be maintained. Our approach has been to work with what's strong in communities and led us to continue a partnership with Paul Hine of Made by Mortals and the Johnny Barlow theatre company in Tameside. Learning from people's direct experience of isolation and loneliness we are codeveloping *Ears Against Loneliness*, a piece of forum theatre which will offer ideas for action. We see Ears Against Loneliness as a social movement that aims to challenge people to act against loneliness by donating active listening time. Our campaign will contain a piece of forum music theatre performed by participatory performers with lived experience working alongside professional actors and musicians. The show will explore the skills, challenges and triumphs of putting your ears against loneliness. The performers will come from The Johnny Barlow Theatre Company (a drama group for people with mental health and learning difficulties) and students from Pennine Care Health & Wellbeing College.

**The People's Reception (7.30pm People's History Museum)**– Get a ticket and join us at The People's History Museum from 7.30-10.30pm for an evening of food, music, fun and friendship with our friends Mixit and Dance Syndrome

## Day 2

**Best practice in recruitment and workforce - changing the narrative around working in social care (8.30am People's History Museum)** Kim Corsinie from Dimensions leads this session. In their recent study 61% of respondents felt that support work has an undeserved bad reputation, just 9% disagree. The case for changing the narrative has never been stronger. This session will cover some of the ways Dimensions, as a support provider have changed our recruitment model and improved our staff retention numbers.

**Living Well Network Alliance (8.30am Friends Meeting House)** A better future for mental health support? The example of a new approach in Lambeth trying to build a proper partnership. Join partners in the Alliance for an interactive discussion about collaboration in Lambeth. Hear about how breakfast helped us create the conditions for radical change for people with mental health needs in the Borough. Experience a wedding which relies on asset based working and hear a story about a horse. We'd love to share our experience, warts and all with you - the Lambeth way. See more here <https://lambethtogether.net/living-well-network-alliance/> The session will include Aisling Duffy – CEO Certitude, Neil Robertson – Alliance Director South London and the Maudsley NHS Foundation Trust, Moira McGrath – Director of Integrated Commissioning Lambeth Borough Council and Lambeth Clinical Commissioning Group

**Building a Movement around a Shared Story of Change (9.45am Friends Meeting House)** Evidence shows the way the sector is currently talking about social care puts the public off and won't lead to political support and investment - lets change that – hear about and contribute to a major push to change the debate - based on effective approaches, new research and learning including from the Frameworks Institute, Joseph Rowntree Foundation and Lancaster University and with a major proposal for action developed by Neil Crowther. At the gathering we aim to launch a major initiative, building a movement around a shared story of change. Inviting those who want to build a much better future to come together, create and then launch a very different kind of campaign for social care than the ones that the main sector bodies are currently investing in. This includes a positively accented campaign about the society we want to be, and how we want to include and support one another, rather than the 'services' we want/need and how much we are prepared to pay for them, as our starting point - a connected society in which everyone has a strong sense of belonging and commitment to one another, where we invest together in the infrastructure that allows us all to be and do the things we value doing for ourselves and for each other. We want to build a long term public campaign, ala Every Australian Counts – interested?

**Relationship Based Commissioning (10.00am People's History Museum)** with Karina Hourd, Dimensions and Sarah Broadhurst from IPC, Oxford Brookes University - How do you get on when you can't get on? Dimensions and the Institute of Public care will describe a Local Government Association funded project they undertook with MacIntyre, Choice Support, Avenues, United Response and commissioners. The project aimed to improve relationships between commissioners and providers by creating a safe space for difficult conversations. Come along and hear about what they learnt along the way and contribute to taking the project forward by sharing your examples of getting on when you can't get on.

**Closing the Care Act Rhetoric-Reality Gap (10.50am Friends Meeting House)** Join in with the developing National Network for Self-Directed Support, facilitated by In Control for a practical session of sharing and learning about how people can get the support they need and the lives they want. The session will review where we are now – the obstacles and opportunities and then offer breakout sessions on specific topics. Including: **Legislation** - the law is often clear, but not followed at a local level – how to address this **Effectively challenging poor local practice** including recent work of the Independent Living Strategy Group on getting your Care Act rights, payment cards, charging. **Disabled people challenging and co-producing with local councils** – the positive example of Hammersmith and Fulham. **Developing a 'Manifesto for an Ordinary Life'** - Staying up Late - campaigning for an active social life. **Legal advice to commissioners and providers** to support the shift to direct payments and personal budgets. Following these sessions we will come back together to explore How do we develop the network into a people's movement of this network of local user and family led organisations, community groups, charity branches and others – offering mutual support and bringing in useful national expertise and help

**Unleashing the Power of Enterprising Communities (11.15am People's History Museum).** This session is led by Vidhya Alakeson and Susie Finlayson of Power to Change and Sian Lockwood from Community Catalysts. What is the role and potential of enterprising communities to contribute to a different future in social care that is rooted in the places people live and is driven by the needs of the community and the people within it. What benefit can this provide for communities? What benefit can this provide for commissioning bodies? This session will be of particular interest to local authority commissioners, elected members, established and aspiring community entrepreneurs and businesses, people keen to see local choice of good support and services. It aims to build consensus around the potential impact of enterprising communities in providing (part of) a different approach to social care; one that is rooted in locality and driven by needs of individuals and communities. To build understanding of the spectrum of models of enterprising communities, the differences between them and the distinctive opportunities and challenges each presents. To move from discussion to action.

**Supporting good lives for people labelled complex (2pm Friends Meeting House)** - with Sam Clark, Bob Tindall and Ian McCreath. The shift towards a future of supporting well-being in welcoming communities must include everyone including those currently most at risk of institutionalisation and exclusion – what are the best examples including everyone and how to do it? The session will highlight examples of how support and inclusion of people traditionally described as having “complex needs” has led to positive outcomes despite ‘the label’. People living in their own homes and truly embedded in their communities, with the general public. This is a workshop designed to generate more ideas, debate and challenge how a future social care system would work for everyone without using institutional or segregated approaches

**Shaping a better future with older people who need long term support (2pm People's History Museum).** The focus is on alternatives to institutional options and more traditional models, including housing options. This session will be run in way that allows older people and others to consider ideas and models and identify appealing options. With help from Vic Raynor from the National Care Forum and Jeremy Porteus and Claire Skidmore from the Housing Learning Information Network. We hope to follow up ideas with a post gathering initiative to promote the best identified approaches